

Thembi Mabena – The Spiritualist

Thembi Mabena is a visionary spiritualist, entrepreneur, and Founder of SIROD LIFE, a movement dedicated to healing, transformation, and spiritual intelligence. Rooted in ancestral wisdom and divine guidance, her calling is to help people rediscover their purpose, restore balance, and purify their spirit.

Her journey is one of resilience, faith, and impact. Through spiritual consultations, therapy, retreats, and teachings, Thembi has become a trusted guide for those seeking clarity, healing, and empowerment. Her voice carries both authority and compassion — grounded in the truth that genuine transformation begins within.

Beyond her spiritual work, Thembi is a builder of platforms and spaces that inspire growth. From hosting Night with the Spirits to leading the expansion of SIROD LIFE, she blends spirituality with leadership, creating lasting impact in people's lives.

Thembi's philosophy is simple yet powerful: "Purifying the spirit, transforming the life." Her mission is not only to touch lives but to leave a lasting imprint of wisdom, strength, and hope for generations to come.

